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## **Notification for women of childbearing age Ten-Day Rule**

Your doctor is utilizing radiographic images (x-rays) to better evaluate you and your condition. In order to take radiographs of the lower back and pelvis, it is necessary to make sure that you are not pregnant or have not recently become pregnant.

It is generally considered safe for a woman of child bearing age to have radiographic images of her lower back and pelvis if she is within the first 10 days following the onset of her menstrual cycle. If you are outside this range and are certain that you are NOT pregnant you may choose to continue the evaluation and have radiographs taken of your lower back or pelvis. This is considered good clinical practice for elective radiographic procedures.

By signing below, you have read and understand this document and agree that you are NOT pregnant to the best of your knowledge or that you are within the first 10 days following the onset of your menstrual cycle.

\_\_\_\_\_  
Patient Signature of Acknowledgement

\_\_\_\_\_  
Date